

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 13:00 untill 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mertens Wenke

Coaches: Fobelets Jos

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:11, starttime: 15:02
Heat: 11/24 Lane : 4 Athlete: VAN AERSCHOT NEL					Q-time: 02:40:72
PB (50m pool): 02:40.72 Eindhoven 16/03/2025					PB (25m pool): 02:24.04 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.18	01:15.95	01:58.38	02:40.72	
	00:35.18	00:40.77	00:42.43	00:42.34	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:23, starttime: 15:37
Heat: 23/24 Lane : 1 Athlete: VINGERHOETS MADELIEF					Q-time: 02:15:08
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:17
Heat: 7/19 Lane : 2 Athlete: VAN WAELDEREN KAREL					Q-time: 03:53:03
PB (50m pool): no time					PB (25m pool): 03:53.03 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: WST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:13, starttime: 16:41
Heat: 13/19 Lane : 1 Athlete: SLUYTS TIBE					Q-time: 03:03:20
PB (50m pool): 03:03.20 Antwerpen 13/07/2025					PB (25m pool): 03:10.99 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.54	01:27.44	02:15.82	03:03.20	
	00:40.54	00:46.90	00:48.38	00:47.38	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:5, starttime: 17:34
Heat: 5/6 Lane : 2 Athlete: GYULNAZARYAN MAX					Q-time: 02:32:95
PB (50m pool): no time					PB (25m pool): 02:32.95 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:6, starttime: 17:37
Heat: 6/6 Lane : 7 Athlete: VAN WAELDEREN THOMAS					Q-time: 02:24:90
PB (50m pool): 02:24.90 Wezenberg 01/02/2026					PB (25m pool): 02:15.61 SB: 02:24.90 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.12	01:07.19	01:45.35	02:24.90	
	00:31.12	00:36.07	00:38.16	00:39.55	
					

Coach feedback: